



ryanparfett@hotmail.com



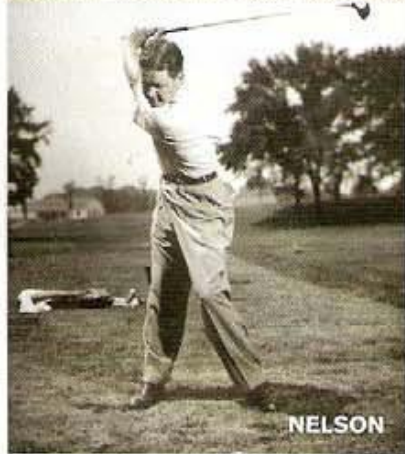
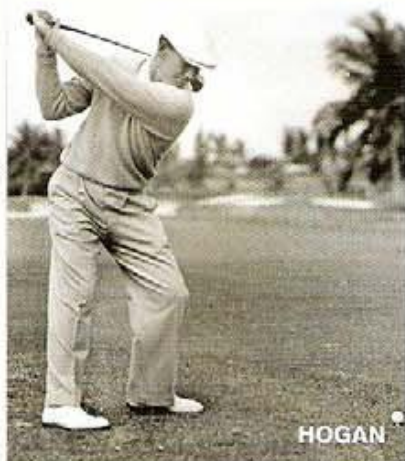
RYAN PARFETT

# The Perfect Golf Swing

The perfect golf swing is the positioning and movement of the body which produces the best results, as often as possible for a player dependant on their physical and mental characteristics.

The phrase 'the perfect golf swing' is heard a lot amongst golfers, usually followed by examples such as Tiger Woods, Jack Nicklaus, Ben Hogan, Byron Nelson and many more.

I was giving a seminar a few years ago to 10 teaching professionals and



before lunch, put the question to them 'What is the perfect swing?'. It was no surprise to me that one hour later they returned arguing like a group of children sharing sweets. The answers to my question were varied, but one I remember more than others....' there isn't a perfect swing!' one voice replied, 'the best players in the world who we think have the perfect swing spend hours with their coach trying to improve it.'

After some discussion the group agreed, well most of them, that

no player had yet developed a perfect swing. This led to my next question, 'So as golf teachers what would you look for technically in the perfect swing if there was such a thing?'. The next four hours were spent discussing various swing ideas and fundamentals. I left the group in the early evening and returned in the morning for the second day of the seminar, they still had no perfect swing.

'Let me suggest an idea of the perfect swing for you all...' I said, I was met with some disbelieving faces, 'the perfect golf swing is the positioning and movement of the body which produces the best results, as often as possible for a player dependant on their physical and mental characteristics'. I was now in a room of silence with ten teachers with their brains working over time.

I went on to explain my statement describing the thousands of possible perfect swings with different tempos, rhythm, stance, posture and movements.

Good examples would be the top three players at present in the world rankings, Woods, Mickelson & Garcia. Three very different swings from three very different people, all are producing as close to perfect results as anybody can at present, are suited to the personalities.



**GOLF ACADEMIES**  
[www.goldenswing.net](http://www.goldenswing.net)



Woods by nature an incredibly powerful man who can run 100m in close to 10 seconds yet strolls the fairways in an almost military fashion, an intelligent Stanford University man who when interviewed sticks to the facts in a simple manner yet can send headlines round the world with just one statement. A golf swing to match, strong yet economical, consistent with the ability to produce incredible power when desired.

Mickelson walks with an almost lazy swagger, some say with a hint of arrogance, on and off the course doing his own thing and often expressing his personal point of view on sensitive subjects without thinking of the after affects. Again a golf swing to match with a smooth, lazy tempo with a swing of his own, often taking on and successfully performing almost impossible rescue shots thanks to his self belief and ability to block out the possible consequences.

Garcia, a man we see bouncing down the fairway often sprinting after shots with enormous energy to follow the flight of the ball over a hill, a creative, passionate, aggressive character which may be due to his Spanish blood, who is always up for a new challenge and thrives on excitement. His swing makes him a crowd favourite, with his quick aggressive tempo and the ability to change the swing to create any kind of ball flight possible depending on how his creative mind sees the shot in front of him.

Remember, the great coaches of the world have the knowledge, experience and ability to teach many swings and they also know which techniques suit which people, when you have coaching ask questions to ensure you have the right coach for you.